Developing Naloxone Kits and Educational Materials

This worksheet is a component of *Guide to Developing and Managing Overdose Prevention and Take-Home Naloxone Projects*, produced by Harm Reduction Coalition. More information at harmreduction.org

Assembling Naloxone Kits:

☐ If you are distributing 10ml vials of naloxone, include several muscle syringes so that participants have one syringe per 1ml injection. 3ml, 25g, 1-inch syringes are recommended, but different gauges and point lengths are sometimes used, like 3ml, 22g, 1½-inch. Any option is okay as long as the point is at least 1-inch long so that it can reach the muscle.

☐ If you are distributing 1ml vials of naloxone, include at least two vials in the kit, with 2 muscle syringes.

☐ If you are distributing 2ml vials and needleless luer-lock syringes for intranasal administration, include two boxes of naloxone/syringe and use a rubber band to attach an atomizer (Mucosal Atomization Device) to each box.

☐ Optional items for the kits include: alcohol pads, rescue breathing masks, rubber gloves, prescription cards, and educational inserts. (see below for more information)

☐ You can put your kits in plastic baggies or purchase other containers such as bags with zippers.

Written Materials:

You may want to provide participants with written materials about overdose prevention and using naloxone. Whenever possible, these should be tailored to your community, and produced in the languages that are most common among your participants. Written materials will ideally include easy-to-understand visuals and summarize the training so they can be referenced later.

Written materials should include, but are not limited to, the following:

- Overdose prevention strategies
- Explanation of overdose risks
- How to recognize an overdose
- Overdose response, including: stimulation, calling 911, rescue breathing and naloxone administration
- Aftercare information
- Contact information for getting naloxone refills

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