

WORKSHEET

Implementing Low-Cost Overdose Prevention Strategies

This worksheet is a component of *Guide to Developing and Managing Overdose Prevention and Take-Home Naloxone Projects*, produced by Harm Reduction Coalition. More information at harmreduction.org

Suggestions:

There are important ways you can integrate overdose prevention into your current work at *little to no cost* to your program. Although all of these suggestions may not be relevant to your unique program structure, they are a great starting point to begin brainstorming ways that overdose prevention can fit into your program:

- Put up posters about preventing or responding to an overdose
- Provide educational materials (brochures, fact sheets) for program participants on overdose
- Develop a policy for responding to on-site overdose
- Train program staff and volunteers on overdose – including risk factors, signs and symptoms, and response (including rescue breathing and naloxone administration)
- Discuss overdose risks with participants and screen participants for higher risk
- Ask program participants if they have witnessed an overdose
- Ask program participants if they have survived an overdose
- Talk to program participants about the availability of naloxone
- Offer referrals to places where program participants can get naloxone
- Talk with program participants about what to do if they're with someone who is overdosing
- Discuss or incorporate overdose prevention in groups

Notes:
